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I thoroughly recommend BSW. Barry came up with innovative designs for hard landscaping and kept a flexible approach throughout the work. We love the final product... it looks great and is straightforward to maintain. BSW were friendly, polite and professional. We are very happy with our garden now!

Angela, Goring On Thames

(Our new garden pictured above)

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Help support local business
Community Vision

Community will again be the focus of my year - and enhancing Marlow as a place to live, work and visit to enable our community to thrive and succeed will be the driving force for me and my fellow councillors.

Our Civic Service this year, which took place on Sunday, 18th June, was a lovely service and we were lucky to have fabulous weather on the day. The purposes of this key Marlow event are to recognise and show appreciation for everyone who contributes to our wonderful community and for us, as Councillors, to reiterate our dedication to the town. This year we moved the service from the end of the Mayor’s term to the beginning so that the Mayor can present her or his plans for the year in the address. Representing our splendid community is a duty I both take seriously and enjoy in equal measure.

Community will again be the focus of my year - and enhancing Marlow as a place to live, work and visit to enable our community to thrive and succeed will be the driving force for me and my fellow councillors. Our revitalised 10-year Vision for Marlow will underpin this. The Vision addresses 10 key themes related to our town, giving us a platform from which we can support everyone who loves, supports and contributes to our community. The full document is available on our website; please take a look at it and feed back your thoughts, suggestions and ideas to us so this ‘living document’ can grow and develop.

We will be starting on our Christmas Lights Sponsorship very soon. When we launched the 10 year Vision for Marlow five years ago, we committed to providing Christmas Lights for the full 10 years, and each year we raise funds by way of sponsorship so that we can continue to deliver a beautiful Marlow at Christmas time. You will have seen that we included Liston Court and the trees on The Causeway last year. Sponsorship allows us to keep our Vision promise to build for the future.

The lights in Marlow and the ‘Switch On’ event have become a major attraction, bringing not just residents, but visitors and tourists to the town - which goes a long way towards helping our economy. We have another great personality lined up for this year to do the ‘Switch On,’ so keep an eye out for an announcement nearer the time! If you, or anyone you know, would like to contribute to the sponsorship fund, please let me know.

Also, I look forward to seeing you at the Carnival, which opens at around 10am on 16th September, and at the Sprintathlon, which starts at 2pm on the same day. You still have time to sign up to it to help break the world record for running a marathon in 100-metre sprints.

We are all cogs in the great wheel that is Marlow. It turns to enable us to be the special town that we are. We will have ups and downs along the way, but our combined love of and pride in Marlow will ensure this town continues to thrive.

Thank you.

Cllr Jocelyn Towns
Marlow Town Mayor
Marlow’s iconic landmark to be refurbished

Investigative works were carried out on the Marlow obelisk overnight on Wednesday, 23rd August, ahead of the three week conservation work expected to start later this year.

Wednesday night’s works, which began at 9pm and continue until the early hours of the Thursday morning, will help to establish the scale and specific requirements of the upcoming conservation efforts.

The outcome of Wednesday night’s works will help to determine when the full conservation project can go ahead, as it will make clear precisely what work is needed and how the traffic management, such as the diversion and traffic light arrangement, will work.

Transport for Buckinghamshire hope to start the work this October and anticipate it will take three weeks, but will know more after the investigation is complete. Ideally the works period will include October half term to take advantage of the quieter than usual traffic, but residents and local businesses can rest assured that the works will not be scheduled to conflict with the busy Christmas shopping season.

The historic landmark, which sits at the centre of the roundabout at the top of the High Street, was erected in 1822 as a way marker for travelling coaches. It has deteriorated in recent years and whole sections of stone lettering have broken away.

The renovation works will be carried out by a specialist contractor who will clean and repair the monolith and re-engrave the damaged lettering using photographs and records to ensure the restoration is faithful to the original appearance of the Grade II listed monument.

“We’re delighted that the obelisk will be repaired, and hopefully before the busiest time of the year – Christmas!” Jocelyn Towns, Marlow’s mayor, said.

“Transport for Buckinghamshire has said they will do their utmost to complete the works in the shortest possible time and with the least possible disruption to the local area. There will be short delays due to the traffic lights, so we hope people will prepare in advance for their journeys during the period.”

The diversion and traffic lights will be in place 24 hours a day for the duration of the works, even though at times there may be no contractors on site. County Councillor Paul Irwin, who is Deputy Cabinet Member for Transportation, explained the need for the 24/7 diversion: “I hope that residents will bear with the work this autumn, and understand that the 24 hour closure is necessary even though contractors will not always be on site, as they need to allow time for materials to cure before continuing – they will, however, be encouraged to work weekends to speed the process along.

“There’s no denying that the conservation work will cause some traffic issues, but the people of Marlow have campaigned to see the obelisk restored to its former glory for a long time and I think the end product will be worth the disruption.”
Best-Kept Village

The results are in! Marlow is Runner-Up in the Best-Kept Village (BKV) competition for small towns. We have been advised by BKV that the judging was very close and that Marlow scored 86 points; the town has been awarded a Certificate of Merit and only missed the main prize by one point. The Town Council worked closely with all our contractors to ensure that the town looked at its best during the judging period. Well done to everyone involved!

Dates for your diaries

Sunday 12th November
Remembrance Service and Parade
This event will be held on Sunday 12th November 2017 at the War Memorial on the Causeway. The parade commences at approximately 10.30am from the Royal British Legion in Station Approach and will make its way up Station Road to the War Memorial for the service, which starts at 10.45am. The Royal British Legion and Marlow Town Council have been advised on many occasions that this is one of the best and largest Remembrance Services held in the county and this is borne out by the fact that over 5,000 people have attended. Unlike the service at the Cenotaph in London, we do not have the opportunity to have any rehearsals so we are very proud that we receive such great accolades for this event.

Thursday 23rd November
Switch On and Shop
The Switch On and Shop event will be held on Thursday 23rd November. The Christmas lights will be switched on by this year’s celebrity (yet to be announced) at 6.30pm from the now-famous open-top bus. Look out for more news on our website www.marlow-tc.gov.uk and the local press a little nearer the time to find out who the celebrity is!

Mayor’s Blog

Mayor Jocelyn Towns will be ‘blogging’ regularly on our website. Why not drop in and have a look at what she is saying at www.marlow-tc.gov.uk. If you would like to invite the Mayor to your event or to officially open new retail premises in Marlow, please do contact her via her PA, Jan Bailey; jan@marlow-tc.gov.uk.
Dianne Bennett-Rice, who joined the team at Marlow Town Council permanently in May, is the first point of contact for visitors, emails and telephone calls to the Council offices in Court Garden House.

This means that she has to be resourceful and think on her feet. She’s had to field all nature of questions, including what to do about an aggressive horse in a field, who to contact regarding an injured swan in Higginson Park, and whether the bark chippings being distributed around flower beds and muddy areas were safe for dogs. Dianne redirects telephone and email queries to other officers and other councils as appropriate.

That’s not all she has to manage, though. Every few weeks it’s Dianne’s job to prepare for Council planning meetings, which entails printing and preparing all the – quite complex - documentation. As well as this, she records the Councillors’ comments and logs them on Wycombe District Council’s website the day after the meeting. Once the meeting is over, she starts all over again for the next one.

“It’s a varied role,” she says. “As well as being the first point of contact in the office and preparing for planning meetings, I take banner bookings for the High Street and Spittal Street and burial bookings for the cemetery in Wethered Cemetery. There are lots of queries on the burial sites - I often need to research the records to establish ownership.”

Dianne lives in central Marlow, is married to Andy, a project manager who works in Slough, and has two daughters, Paige and Katie.
Marlow Town’s Council’s campaign to raise awareness in schools of democracy and the voting process continues with a timely election at St Peter’s Catholic Primary School - on the same day as the country went to the polls on 9th June.

Children in Year 6 had been campaigning hard for their favourite cake from a delicious selection in the lead-up to the election. Mayor Jocelyn Towns and Deputy Town Clerk Katherine Joy, who devised and ran the election, visited the school to see pupils and teachers vote.

The winning cake was a blueberry muffin – which was presented to everyone in the school by the Mayor on Monday, 19th June.

As part of the Town Council’s Vision to engage with the town’s younger residents the children were asked for their feedback.

“With this campaign we want to make sure that children understand democracy and to help engage them in the process for the future,” Mayor Jocelyn Towns said.
The Kids’ Cycle Ride was one of the first events in the Festival and ‘Take off’ seems a most appropriate expression when talking about. It took place on the Wittington Estate, now owned by SAS UK, previously home to airmen serving at RAF Medmenham. And what a glorious estate it is!

It was there that over 50 children had the chance to prove their cycling skills in a series of speed and agility tests. At the same time, there were some challenging obstacles to overcome – ‘Electric Shock’, ‘Sewer Rat Tunnel’ and ‘Walk the Plank’ amongst others. These sound a little scary - but all turned out to be great fun!

And it wasn’t just the kids who enjoyed themselves. Bankers are famous for their long faces and deep pockets – but that description doesn’t seem to fit the team from Santander’s Marlow branch. They volunteered to help and if the picture is to be believed, it was a great day for them too!

But Love Marlow Festival is not just for youngsters. Two days later, the action moved just a few yards down the Henley Road when ‘seniors’ were invited to walk around the delightful grounds of the Danesfield House Hotel. Some 30 or more older townsfolk risked rain and high winds to enjoy a bracing walk and some spectacular views of the River Thames. The intrepid explorers took a break half way around the grounds to hear from Mr Peter Faarup, Toastmaster, raconteur and sometime Historian of Danesfield House. Stories of wartime exploits and a vivid account of his own encounter with the ghost of Lady Jane were undoubtedly scary even for individuals who thought they had heard everything!

‘Take off’ seems a most appropriate expression when talking about the Kids’ Cycle Ride
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Civic Service

Residents and local dignitaries gathered at All Saints’ Church for Marlow’s annual Civic Service

Sunday, 18th June

The service was attended by the Lord Lieutenant, Sir Henry Aubrey-Fletcher; High Sheriff of Bucks, Mr Peter Kara; and Mayors and other dignitaries from surrounding areas. The Venerable (Air Vice Marshall, RAF) Jonathon Chaffey took the service with Reverend Dave Bull, the Rector of All Saints Church, and Tony Threlfall of Churches Together Marlow. The plate collection went to Mayor Jocelyn Towns’s chosen charity for this year, Macmillan Cancer Support.

Morris Dancers entertained guests on arrival at the Compleat Angler for a reception following the service. Their colourful costumes and dancing made for a very quintessential English summer afternoon by the river. The Mayor, Deputy Mayor, Cllr Chris Funnell and Dominic Grieve, MP joined in with the dancing which is not something you would see every day.

At the reception, past Town Mayor Bob Johnson presented a cheque for £8,000 to Mrs Debbie Raven, Chief Executive of Thames Hospice. This was the culmination of his fundraising activities during his second term in office. Mrs Raven thanked Cllr Johnson for raising such a significant amount and told a story of someone who had been supported by Thames Hospice in their final days to highlight what a vital role the Hospice plays in the community.

Morris Dancers entertained guests on arrival at the Compleat Angler for a reception following the service. Their colourful costumes and dancing made for a very quintessential English summer afternoon by the river.
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Marlow Town Mayor, Jocelyn Towns, and Deputy Mayor, Chris Funnell, hosted David Barber, The Queen’s Swan Marker, and other Swan Uppers at the Two Brewers pub in St Peter Street on Tuesday 18th July. They were celebrating the completion of their work on the stretch of the Thames from Sunbury Lock to Marlow. The Manager of the Two Brewers, Jamie Jones and Deputy Manager, Nuno d’Orey, pulled out all the stops to provide the Uppers with wonderful food after their busy day. Marlow Town Council would like to thank them both for all their effort in making the guests so welcome.

Every year at this time the Royal Swan Uppers, who wear the scarlet uniform of Her Majesty The Queen, travel along the river in traditional rowing skiffs together with Swan Uppers from the Vintners’ and Dyers’ livery companies. Swan Upping plays an important role in the conservation of the mute swan and involves The Queen’s Swan Marker collecting data, assessing the health of young cygnets and examining them for any injuries. Cygnets are extremely vulnerable at this early stage in their development and Swan Upping affords an opportunity to help both adults and cygnets that might otherwise go untreated.

Swan Upping plays an important role in the conservation of the mute swan and involves The Queen’s Swan Marker collecting data, assessing the health of young cygnets and examining them for any injuries.
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Marlow Remembers WWI
Commemorative event to mark the centenary of Passchendaele

Sunday, 30th July

The Marlow Remembers World War 1 Association commemorated the centenary of the Third Battle of Ypres - more commonly known as Passchendaele - with an event at the War Memorial on The Causeway in Marlow. Passchendaele was a particularly arduous First World War campaign. The thick mud caused by the weather and the smashed drainage system resulted in clogged up weapons and immobilised tanks. Thirty-six Marlow men gave their lives during this campaign, which lasted from 31st July to 10th November 1917.

To recognise this loss of life the Association's event opened with a commemorative service led by Mayor, Jocelyn Towns. The names of the fallen were read out, the Last Post was sounded and a wreath was laid by the Mayor before a final poem was read. The service was rounded off by local folk singers dressed in World War One uniforms, singing soldiers' songs.

As well as the commemorative service on 30th July, the Association hosted a display of First World War artefacts on The Causeway. There was information on the Passchendaele campaign and its impact on Marlow and a supply of Trench Cake to sample. The folk singers continued to sing songs from the era throughout the day and the Association led two guided walks around Marlow to a number of sites with specific connections to the War, such as the Brewery and Sir William Borlase's Grammar School. Each walk attracted around 15 people and over 200 people visited the event during the day.
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Marlow Carnival

Come Follow the Band

Saturday, 16th September

This year’s Marlow Carnival celebrates the reinstatement of the traditional procession through the town. With the theme ‘Come Follow the Band’, a host of local businesses, schools and clubs, youth groups and bands will create a day to be enjoyed by all the family.

The procession will walk from Holy Trinity School for the walk through the town to the beautiful Higginson Park. Participants should gather at the school between 11am and 11.15am for a prompt departure at 11.30am.

The carnival is going to be so exciting this year and offers something for everyone so please come down and support this super event. Organised by Marlow Community Association (MCA), which is based at Liston Hall, the event helps raise funds for the charity to manage and run the hall, which is owned by the townspeople of Marlow.

Come to the MCA tent on the day to find out more.

www.marlowcarnival.co.uk

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Carbom Monoxide is a silent killer, it kills people every year... don't let it be you!
Stand Up To Cancer
2017 Sprintathon plans to smash last year’s record

Saturday, 16th September

At this year’s Sprintathon rivals across town will be locking Lycra in the ultimate race. Last year, 422 runners smashed the world marathon record with a time of 1:46:26, raising £25,000 for Stand Up To Cancer. This year the Sprintathon team is taking it up a notch, and thanks to sponsors Clear Channel and SAS, all involved are planning to smash last year’s fantastic result as 105 teams of four compete against each other for ultimate bragging rights. They will again be raising funds for Stand Up To Cancer, a joint national fundraising campaign delivered by Cancer Research UK and Channel 4.

Mark Evans, Sprintathon creator, said: “Cancer is not going away any time soon and unfortunately we lost another family member to the disease since the last Sprintathon. This year Marlovians will attempt to beat the marathon record that we set (1:46:26), as well as the one-hour distance team relay record (we were 300m short last year). The event takes place at the Little Marlow Running Track on Saturday, 16th September.

“Whether you are a butcher, a baker or a candlestick maker, the new Sprintathon Showdown trophy is the perfect way for businesses to join in to raise crucial funds for cancer research. We also have Google and Facebook battling to be the fastest internet giant in the UK to add extra spice to the occasion.”

Jimmy Hall, bone cancer survivor, Marlow resident and star of the 2016 Sprintathon added: “I can’t wait to take part again. Please show your support and donate as much as you can since cancer still has us on the run.”

Sign-up here - www.racesonline.uk/race-entry/sprintathon/

For more information, visit www.sprintathon.org.

“Whether you are a butcher, a baker or a candlestick maker, the new Sprintathon Showdown trophy is the perfect way for businesses to join in to raise crucial funds for cancer research.”
Wycombe Orpheus Male Voice Choir and Marlow Town Band present ‘Songs of Glaze with a Slice of Brass’, which takes place at All Saints Church, High Street, Marlow SL7 2AA from 7.30pm. Louise Child from Wycombe Orpheus Male Voice Choir nominated the charity Cakes 4 Casualties as the beneficiary of funds raised at the concert. “Both organisations wanted to support a small charity, so that any funds raised would have a significant impact," she said. “We were also thinking about the concert being scheduled close to Remembrance Day and we chose Cakes 4 Casualties because of its military connections.”

Kath Ryan of Cakes 4 Casualties is a retired nurse. She is the only civilian allowed access to sick and wounded soldiers in Birmingham Hospitals and Headley Court (Surrey), a Defence Rehabilitation Centre for military personnel. She buys all the ingredients, makes all the cakes herself and delivers them to the soldiers as a treat. Through the charity she manages to get the soldiers to talk and to open up about their experiences. The charity solely relies on donations. For information and to make a donation, visit www.cakes4casualties.co.uk
Over 100 men and women now belong to one of Marlow’s three Rotary Clubs. Each club helps the community – locally and across the world - in a variety of ways. In doing so they also have some great fellowship and a lot of fun. Here are the highlights as we move into the autumn season:

All Saints Church – Ascot Brass and Choir
On Saturday 30th September, the Rotary Club of Marlow presents its Annual Charity Concert at All Saints Church. It begins at 7pm and features an evening of music and singing by Ascot Brass and the Thames Valley Chorus. Tickets are available from Marlow Information Centre, Institute Road, Marlow or by contacting rotarian Lance Slater on 01628 484 323 or email LMS37@outlook.com. You can also pay at the door on the night.

Marlow ‘Youth in the Community Awards’
Starting in late October, this initiative is designed to offer the opportunity for groups and organisations to compete for funds related to general youth development in the community. Marlow Rotary Clubs have teamed up with the Shanly Foundation – details to follow.

Children in Need Collection
Pudsey Bear will visit many local schools, and on the day around 200 collectors will swamp Heathrow Airport for one of the biggest collections of its kind in the UK.

Marlow Santa’s Fun Run
The event takes place on Sunday, 3rd December and the website, www.santasfunrun.org, is now open for entries. Potential participants should sign up to start raising sponsorship funds as early as possible (last year Rotary had to close to entries well before the event date). For more information, see page 32.

Google ‘Rotary in Marlow’ to find more information, or call John on 07860 727392
Mayor Jocelyn Towns, on behalf of Marlow Town Council, was presented with a new mobility scooter donated to the Shopmobility Scheme by some of the members from Rotary Club of Marlow Bridge.

Shopmobility is a scheme run by the Town Council offering the free loan of manual and powered wheelchairs, or electric scooters to anyone with limited mobility, whether temporary or permanent, anyone can use the scheme!

The Rotary Club raised the money throughout the year holding raffles, collections at our charter night, running a bouncy castle and sumo competition at Cookham Regatta (which we are doing this year as well) and countless other events.

Our website and facebook page are currently being updated but will soon include all the upcoming events for Marlow Bridge Rotary Club.

Contributed by Jason Stoyel, President Rotary Club of Marlow Bridge

Shopmobility In Marlow
Rotary Club of Marlow Bridge donate new mobility scooter

Community

Photo (left to right): Natalie Edwards, Sam Lightowler, Richard Gyselynck, Trevor Castle, Mayor Jocelyn Towns

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There are an estimated 23,000 people living in Buckinghamshire and Milton Keynes with sight loss. Losing your sight can be difficult to accept but it doesn’t mean you have to stop living or enjoying your life and BucksVision is here to support you to do this.

We offer a range of services including practical support on using new technology; advice and information on equipment, including magnification; befriending, reading and shopping services (Home Services); and social activities. We run one off Experience Days to local attractions or the theatre and we also have a fabulous team of volunteers who run social clubs across the county for our members.

In Marlow our fantastic volunteers run a fortnightly social/craft group at the Pugin Rooms, St Peters Church on a Wednesday from 2pm. Entertainment and a warm friendly welcome is always guaranteed. And transport doesn’t have to be an issue as, availability depending, volunteer drivers can be provided to help you get there.

Our Home Services are available in Marlow too. Tasks such as shopping and reading become new challenges after vision loss, so we can provide a volunteer to support you at home with your mail and help you to go shopping so that you can stay independent.

Have you thought about volunteering? We currently have members in Marlow who would benefit from someone visiting them at home. You will receive training in your chosen role, and expenses are covered.

So if you would be interested in joining our fantastic volunteer team as a Befriender or perhaps in one of our many other roles, such as a Driver, or you would like to find out more about what services we provide please get in touch with us on 01296 487 556 or reception@bucksvision.co.uk

Bucks Vision

Do you have sight loss? Or know someone who has?

Meadowside

Residential Care Home

Meadowside is a small, family-run residential care home for the elderly situated just outside Marlow Town Centre. The traditional Edwardian-style premises have been carefully converted with the specific needs of elderly people in mind. Our aim is to create a genuine ‘home-from-home’ family atmosphere for all our residents.

Accommodation is available for up to twelve; a small number that enables us to provide the highest quality individual care and personal attention to each of our residents.

We are regulated by the Care Quality Commission and comply with the required standards for residential care.

You can visit our website for further information. Please contact Elizabeth directly to discuss your care requirements. We will be happy to show you around and provide you with an assessment of your care needs and discuss our rates and the service we offer.

Meadowside is “Good” in all key areas by the CQC in May 2016.
Marlow Refugee Action Group  
Helping refugees in crisis

The refugee crisis has touched many of us and it’s difficult to know how we can respond in the face of such enormous challenges.

The Marlow Refugee Action group was started in October 2016 by Vanessa Faulkner and Tom Doust, two Marlow residents who had been independently volunteering to help refugees over the previous year. Cooperating with other local groups we run appeals and fundraisers to provide desperately needed items to refugees in Syria, Greece and Calais.

We have held two events where people were able to bring donations and to help sort and pack them ready for transit. We had a fantastic response to these and it was great to see whole families coming along to support the effort. The most recent one of these was collecting mother and baby items for Syria. We were overwhelmed with both the amount and beautiful quality of the items given, including many hand-knitted items as well as toiletries and baby care goods, which were made up into individual packs for new mums in Syria. Through our partner charities we get photos of the items being received and distributed.

If you would like to find out more about how you can support us or get involved, come along and see us at the refugee community fayre at Wycombe Museum on 24th September - or contact us through our website or Facebook page - we would love to hear from you. And a big thank-you to all of you who have given us your support so far!

https://marlowrefugeeaction.wordpress.com/

Contributed by Vanessa Faulkner for Marlow Refugee Action Group

If you would like to find out more about how you can support us or get involved, come along and see us at the refugee community fayre at Wycombe Museum on 24th September...
Marlow’s new farmers’ market was launched on The Causeway on Saturday, 2nd September with a celebrity opening and music from Marlow Town Band. The Marlow Market, which takes place on the first Saturday of the month (except in January) on The Causeway, features a variety of stallholders selling foods ranging from fresh meat, poultry, fish, cheese and seasonal vegetables to artisan foods such as pies, breads, cakes and street food. In December, March and June it will operate inside All Saints Church Hall on The Causeway.

“Marlow is a renowned destination for food lovers,” says Liz Lorente of Transition Town Marlow (TTM), the volunteer organisation which, together with The Marlow Cheese Co., has set up the new market. “Nowadays the town is famous for its high quality restaurants, cafes and seasonal outdoor food festivals, but records show that there was a market in the town almost 800 years ago. The new market aims to continue that tradition and offer an even wider choice for residents and visitors. Many of the products at the new market will have been grown or made in Marlow and the surrounding area.”

The previous TTM Community Market raised about £4,000 which funded many local TTM projects such as the community orchard in Seymour Park, improving cycle paths, and wildflower planting to encourage bees and butterflies. The new Marlow Market will enable TTM to continue these valuable Marlow projects. There will be a community stall at every market where people can find out about activities taking place locally, how they can get involved, and suggest projects that could further bring the community together and help the environment.

James Brownbill of the Marlow Cheese Co. says, “We hope local people will be excited at being able to buy quality produce at affordable prices while supporting new and existing local businesses and keeping a larger proportion of their money in our town,”

For more information www.transitionmarlow.org or marlowsmarket@gmail.com

Contributed by Liz Lorente, TTM
Lighthouse Marlow
Christian summer event for children

This year Lighthouse is in its 13th year of running a Churches Together in Marlow week-long Christian summer event for children. We had record attendance this year, with 461 children signed up and 299 incredible volunteers.

This year’s theme was ‘Jesus Rocks! Let His Name Run Through Your Life’, and was based around the life of #1 disciple, Peter. Our seaside theme included a new version of I Do Like to be the Seaside, sung with gusto and with enthusiastic dancing! We were delighted to welcome Jocelyn Towns, Marlow Town Mayor, to our event. She has been fantastically supportive of Lighthouse and has donated generously from the Santa Fun Run and Rotary.

We would like to thank everyone who has dug deep, particularly The Round Table and the Ladies Circle. Sainsbury’s gave us cakes and biscuits, which were really appreciated, and Waitrose put Lighthouse in the green token scheme again and gave us a lot of cups for the vital tea tent.

Because we are 13 years old we have volunteers who started Lighthouse as children and are now Team Leaders – James, Anna and Kailey are three Lighthouse Keepers who look after groups of 10 children, and our Mainstage Leaders Lucy and Tom. Tim Ashburner’s technical team were all young teenagers: Freddy, Luke, Archie and Mia, who embraced the opportunity to use some high-end kit and ran everything with great enthusiasm and professionalism.

A huge thank you to everyone involved, it takes a LOT of work to put Lighthouse on and many people work tirelessly to ensure we get these sort of comments: “My children love Lighthouse and I mean love it. The team are fantastic and truly put their heart and soul into everything. An amazing week, well organised, fun, exciting and two very happy and tired children who can’t wait for next year.”

Contributed by Pat Reading

A huge thank you to everyone involved, it takes a LOT of work to put Lighthouse on and many people work tirelessly...
Whatever type of celebration you have in mind for the festive season, we offer it at Crowne Plaza Marlow.

From Festive Lunches to Christmas Day and Boxing Day Lunch, Festive Family Events with children’s discos, and our ever-popular ‘Join a Party’ Nights.

For a night of glitz and glamour, we cordially invite you to attend our New Year’s Eve Gala Ball, or for a more informal New Year’s celebration, come along to our New Year’s Eve Buffet both with a stunning firework finale over the lake at midnight to see in 2018!

TO ADD A TOUCH OF MAGIC TO YOUR FESTIVITIES, BOOK ONLINE AT www.cpmarlow.co.uk/christmas, CALL 01628 496 820 OR EMAIL CHRISTMAS@CPMARLOW.CO.UK
In the 45th year of our Town Twinning, 40 of our friends from Marly-le-Roi came to visit at the end of May. A reception was held in the delightful Higginson Room at Court Garden overlooking the river on a lovely summer’s evening. Our guests from Marly-le-Roi were welcomed by the Town Mayor, Jocelyn Towns and the Chairman and members of the Marlow/Marly-le-Roi Twinning Association (MMTTA). Thanks go to the new managerial team of Court Garden for laying on the event and to the Town Council for sponsoring it.

During their stay, our Marlychois visitors went to Standen House, a National Trust property, Chipping Campden and Broughton Castle. They were delighted with the quintessential English settings. The visit, as usual, culminated in a grand party, which took place at the Great Marlow School in the style of a lively Country and Western Hoedown. We now look forward to our visit to Marly-le-Roi in 2018.

We are always looking for new members. As well as the annual exchange visit, we provide Event Dinners, Summer Socials, Language Groups and there is an affiliated Petanque Club. Our next event is a talk by a French guide/lecturer and NADFAS speaker, on the subject of ‘The Cradle of Impressionism along the Seine’, which takes place in Liston Hall on the evening of Friday 20th October. Non-members will be very welcome.

For more information about the MMTTA activities, please contact John P Smith – 01628 484156 / smith_spinfield@btinternet.com or visit our website - www.marlowtowntwinning.co.uk.

Contributed by John Smith, MMTTA
The Royal British Legion (RBL) is a national charity with branches across the country and several overseas locations. The Marlow branch undertakes charitable aims alongside the Royal British Legion Club; the two organisations are separate but interdependent.

The Legion helps current members and veterans of the Royal Navy, British Army, Royal Air Force, Reservists and their families, providing information, advice and support where it is needed most to help the Armed Forces community. This includes outreach services for the most vulnerable - and whether it’s helping with money worries, a seaside break with the family, careers advice after service, independent living or care in later life, the Legion is here to help.

The RBL Branch raises money locally for the Poppy Appeal and, together with the Town Council, organises activities on Remembrance Sunday. The Legion Club supports these activities by running fund-raising events during the year and contributing to the local Poppy Appeal, with open weekends and beer festivals, as well as a successful Charity Golf Day.

To continue with our work we need volunteers - they are the lifeblood of the Legion – and we are always looking for people who can give practical assistance, time or support in their local communities. We welcome all supporters of the service community and you don’t need to have an Armed Forces background to become a member of the Marlow Branch.

Visit the Club at Station Approach to pick up a membership application, contact the Branch Chairman, Shaun Murphy, on (01628) 474482 or join online at www.britishlegion.org.uk/membership.

Information and support for the Armed Forces community can be accessed online at www.britishlegion.org.uk or the national helpline on 0808 802 8080.

Contributed by Shaun Murphy, Branch Chairman
A new service being piloted by Buckinghamshire Healthcare NHS Trust will help more people get the care they need closer to home. In April 2017 the Trust began to introduce new developments to the way care is delivered in the community and is investing over £1m to expand community services. This will double the number of outpatient appointments offered at some community hospitals, provide short-term support packages to bridge the gap between home and hospital to over 3,000 people and reduce hospital admissions, seeing 350 people through a new community assessment and treatment service (frailty assessment service). The new developments include:

The pilot of community hubs at Marlow and Thame hospitals
These bring community health services together and are close to the people they serve. They will help patients to access prevention services, and hospital services (such as outpatient appointments and diagnostic testing) as well as links with the voluntary sector to provide new services that they may have previously had to travel to.

Community assessment and treatment service
This service, which includes a frailty assessment service, now launched in Thame and Marlow will help older patients avoid a visit to accident and emergency (A&E) or a hospital admission. Teams of elderly care consultants, nurses, physio and occupational therapists, and GPs can provide expert assessments, undertake tests and agree a treatment plan with patients.

Development of Locality integrated teams
Bringing together community and practice nurses, social workers, mental health nurses, GPs, other health professionals and relevant voluntary organisations as multi-disciplinary teams. They will provide 24/7 cover with a personalised plan of joined up care and support to meet the patient’s needs and enable them to remain as independent for as long as possible. The team will have attached members working across clusters such specialist nurses, rapid response and intermediate care and paramedics. As a result patients will receive better, more coordinated care in their homes.

Rapid response intermediate care
Therapists, nurses and healthcare assistants working as one countywide team, geographically based across the county, providing short-term packages of support based on clinical need to those who would benefit from rehabilitation to help the patient get back to their level of independence. Available 8am – 9pm, seven days a week, these teams support people to stay at home and avoid a hospital admission, and get people home quickly from hospital to avoid transfer to a community hospital bed.

Community care coordinator Team (Single point of Access)
This provides GPs, hospital clinicians and other health and social care staff with one referral point for patients who require district nursing, rapid response & intermediate care, community physiotherapy and access to a community hospital beds. By making it easier to access community services, it will help to prevent admissions to hospital and avoid the delays to discharge that keep people in hospital for longer than they need to be.
Business Excellence Award

Saving lives is the number one goal of local award-winning training provider

Each year, Buckinghamshire Business First (BBF) gathers together the region’s top companies to celebrate their achievements at an annual awards ceremony. This year, local Marlow company London Medical Education Academy (LMEDAC) has won the Bill Bendyshe-Brown Award for SME Business Excellence 2017. This award celebrates achievements of excellence among small- and medium-sized enterprises over the last 12 months.

The Academy recognised a need to provide unbiased and independent training to healthcare professionals. Due to continual advancements in technology and medical devices, surgeons are required to progress constantly and to do so, they train on live patients.

LMEDAC provides surgeons with a fresh-frozen human specimen on which to practice a procedure as many times as necessary, in a safe environment. This allows surgeons to receive realistic haptic feedback without putting a live patient at risk. The specimens are generously donated to medical training and the greatest respect is given to them.

LMEDAC estimates that training 100 surgeons each year will potentially impact the lives of 300,000 patients over a twenty-year period.

“The Bill Bendyshe-Brown Award is important to us; it means our work is being recognised. Attention is finally being drawn to the importance of continuous surgical training and the pertinence of reducing surgical errors,” Angela Spang, Managing Director, LMEDAC, said.

Email: contact@lmedac.com
www.lmedac.com
James House, Mere Park, Dedmere Road, Marlow, SL7 1FJ
Santa’s Fun Run

Another 2,500 Santas to run through Marlow High Street

Sunday, 3rd December

The popular Santa’s Fun Run, in its 13th consecutive year, will take place on Sunday, 3rd December, when once again a sea of red will run through the streets of Marlow.

As always this 5km run appeals to a wide range of participants – some serious but most not - and raises a huge amount of funds for good causes. Participating Santas can raise money for their own personal charities or for Rotary. In 2016 around £35,000 was distributed to mainly local charities and other deserving causes, with a target of £40,000 this year.

There will be two lead charities for the 2017 event – Scannappeal and Compassionate Friends. Scannappeal is a well-known local charity and many have benefited from its work. Compassionate Friends (also called Alliance of Hope) provides support for those who have lost someone through suicide. More details can be found on www.allianceofhope.org.

Santa’s Fun Run website, www.santasfunrun.org, is now open for entries. Potential participants should sign up to start raising sponsorship funds as early as possible (last year Rotary had to close to entries well before the event date). A maximum of 2,500 runners will be registered. Sytner BMW High Wycombe are lead sponsors.

Marlow Rotary Club President, Peter Turner, says: “Organising Santa’s Fun Run involves a lot of hard work by the members of the Marlow, Marlow Thames and Marlow Bridge Rotary Clubs. We arrange everything from agreeing the route with the Council, developing and managing the website to ordering and distributing the Santa suits. And well over 100 people volunteer to help us on the day to make sure everything goes safely and smoothly.”
Understanding Acupuncture
an effective and natural treatment for pain relief
Friday 15th September, 10.30 – 11.30am
Hosted by Dr Lucy Liu, of China Health Station, Marlow. Lucy will talk about the possible benefits of acupuncture and the conditions it can help. Please call to reserve your place, as spaces are limited. Cliveden Manor offers residential, nursing and separate dementia care. For more information, or to arrange a tour of Cliveden Manor on a separate visit, please call Sarah Loveday.
01628 702316

Cliveden Manor, 210 Little Marlow Road, Marlow, Bucks, SL7 1HX
Email: sarah.loveday@signaturesl.co.uk
www.signature-care-homes.co.uk
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2015 - 2019

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Surrounded by stunning open countryside and the nearby Chiltern Hills, Chiltern Grange is an empathetic and compassionate care home where residents can enjoy life as their need for care increases. We offer 24-hour short and long-term nursing and residential care for the elderly, as well as those living with dementia.

FIND OUT MORE ON 01494 480292 OR AT POTHAVEN.CO.UK
Imagine your own beautiful apartment at a brand new retirement village, with so many exciting things to do right on your doorstep.

A Village that’s all about getting more out of life, not less, where you’ll never be lonely or bored, with lots of new ways to be active and enjoy your independence as a valued member of a vibrant local community.

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